



It's Time for a Natural Stress Solution

Sun Chlorella Helps Fight Stress and the Blues

Torrance, CA, March 15, 2011 - Life can get a bit hectic. Job strain and family responsibilities can cause anxiety and can often deplete energy levels and the pace of everyday living can sometimes cause undue pressure. When stress hits, the body needs to replenish lost energy. There's no reason to feel drained when there's an easy and effective way to fight against the effects of stress. Whether the body is suffering from everyday "blahs," work, or simply the effects of living in a tough winter climate, Sun Chlorella's Sun Eleuthero is a safe, natural energy supplement that can help provide the body with a strong boost of energy on those days when it's needed most.



Sun Eleuthero is an "adaptogenic" herb. That means that as a "non-toxic" substance it reinforces the body's ability to react to stress. It adapts to current stress levels so if the body needs energy, it will enhance it. And since it's not an "upper" like caffeine, it won't give the body that short-term buzz that will leave it crashing a few hours later. It will supercharge the body's engine without the jittery side effects often associated with caffeine and sugar. And the best part is that Sun Eleuthero doesn't affect sleep patterns. If it's taken at night, it won't keep the body up.



"Sun Chlorella, a single-cell, fresh water, green alga, helps to detoxify and rejuvenate the body. Taken together, Sun Eleuthero and Sun Chlorella work synergistically. That is, when the body is clean, it allows the body to maintain homeostasis and the anti-stress and calming effects of an adaptogen like Sun Eleuthero are enhanced that much more," said Guinevere Lynn, Director of Business Development for Sun Chlorella USA, when interviewed in Vitamin Retailer Magazine.

Derived from ***Chlorella pyrenoidosa***, a nutritionally superior species of freshwater, single-celled, green algae, Sun Chlorella provides vital nutrients such as potassium, all



of the B vitamins, magnesium, zinc and iron, 18 vital amino acids and beta carotene. Sun Chlorella has unique clinical benefits, unlike any other single food source: CGF (Chlorella Growth Factor), which gives the body a revitalizing boost and chlorophyll, nature's most powerful purifying agent. Chlorella contains the highest percentage of natural chlorophyll of any plant source. a nutritionally superior species of freshwater, single-celled, green algae, Sun Chlorella provides vital nutrients such as potassium, all of the B vitamins, magnesium, zinc and iron, 18 vital amino acids and beta carotene as well as other important carotenoids. Given the importance of heart health to your overall health, it makes good sense to nurture and maintain the health of this vital organ.



It's not always easy in our fast-paced world to remain stress free. Stress affects the adrenal glands, which can make the body feel tired, anxious, irritable and drained. With Sun Eleuthero the body is given a natural energy boost it needs. A regular daily serving of Sun Eleuthero tablets helps the individual take charge of wellness. Given the constant buildup of stress, it makes good sense to nurture and maintain overall body health with Sun Eleuthero.

For more information on Sun Chlorella, please visit www.sunchlorellausa.com.

To obtain images, more information, or schedule an interview with a member of Sun Chlorella USA's medical advisory board, please contact:

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