



Holidays are the Perfect Time to Instill Healthy Habits

Last Minute Healthy Gift Giving Ideas from Sun Chlorella USA

Torrance, CA, December 13, 2010 - The best gifts to give to your friends and family are health during this holiday season. Just as physical activity levels decline, thanks to shorter and colder days, occasions for overindulging are frequent during the last few weeks of the year. Healthy gift giving to family members, teachers, friends and coworkers is a perfect opportunity to contribute to their good health.



Get Cooking

Enter Sun Chlorella. Known as Nature's Perfect Superfood, Sun Chlorella contains the widest range of essential nutrients available in any single food source, including potassium, all of the B vitamins, magnesium, zinc and iron, 18 vital amino acids, beta carotene and lutein. It has the powerful ability to help detoxify and eliminate chemicals in the body. When used as a supplement along with a multivitamin, it can help to produce higher energy levels, better sleep, easier digestion, healthier blood pressure and cholesterol levels, reduced joint soreness and improved memory and alertness.



Pampered Pet

Sun Chlorella USA produces a number of products that make for perfect healthy gift-giving for people of all ages, and even pets. Products include: Sun Chlorella tablets and granules (a whole food in the form of tablets or granules from a lineage of pure green algae); Sun Eleuthero tablets, extract and tea (an herb that can give the body a natural energy boost, decrease stress, and support the body's fight against the ill-effects of modern living); Sun Chlorella Cream (the first natural moisturizer containing Chlorella Growth Factor and chlorophyll); Chlorella Wakasa (a concentration of Chlorella Growth Factor in liquid form that can help slow down the appearance of the premature aging process and can provide the support the body needs to achieve optimum health and vitality), Pet Sun Chlorella (combines the unique benefits of Sun Chlorella and Sun Eleuthero); and Sunergize (all-natural liquid dietary supplement featuring a unique, tasty blend of chlorella and eleuthero extracts).



Nutritional Sherpa



Be Balanced

"The common types of gifts that most people receive, such as food and electronics, often encourage sedentary behavior," says Rose

Straub, vice-president and COO of Sun Chlorella USA. "Adults can teach and model healthy habits by giving presents that encourage physical activity or healthy lifestyles."

There is still a way to personalize healthy gift giving too. Sun Chlorella USA recommends the following exclusive holiday specials available now until December 15th - just in time for the guaranteed delivery date by Christmas.

GET COOKING - \$39.95

Sun Chlorella Granules (40 packs) + Sun Cuisine Book + Desk Calendar

PAMPERED PET - \$47.50

Pet Sun Chlorella (1,200 tablets) + Desk Calendar

NUTRITIONAL SHERPA - \$49.95

Sun Eleuthero (300 tablets) + Sun Chlorella (300 tablets) + Life Diet Book + Desk Calendar

BE BALANCED - \$36.25

Sun Chlorella (300 tablets), Life Diet Book + pH Test Kit + Desk Calendar

GIFT OF BEAUTY - \$79.99

Sun Chlorella Cream + Sun Chlorella (300 tablets) + Desk Calendar

Sun Chlorella offers free shipping. To take advantage of the holiday specials, customers should mention the code HF10 and place their order by phone at 1-800-829-2828 x 2455, Monday through Friday from 8:30am to 5:00pm PST. Orders must be received by Wednesday, December 15, 2010. Questions regarding products, orders and general information can be sent to customerservice@sunchlorellausa.com.

For more information on Sun Chlorella USA and their products, visit www.sunchlorellausa.com.

To obtain images, more information, or schedule an interview with a member of Sun Chlorella's medical advisory board, please contact:

Erika Maya

Ballantines PR

erika@ballantinespr.com

Off: +1.310.454.3080

Fax: +1.310.943.1978

www.ballantinespr.com



Gift of Beauty



Desk Calendar

