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## **A4M CONFERENCE INVITES DR. RANDALL MERCHANT TO PRESENT CHLORELLA'S RESEARCHED EFFECT ON METABOLIC SYNDROME**

*Dec. 11 Presentation to Discuss Whole Green Food's Impact on Overall Health*

TORRANCE, Calif. and LAS VEGAS, September 30, 2009 — With metabolic syndrome becoming an increasingly visible precursor to pre-diabetes and the onset of type 2 diabetes, The American Academy of Anti-Aging Medicine (A4M) has tapped Dr. Randall E. Merchant, Ph.D., of Virginia Commonwealth University to present “Nutritional Supplementation with *Chlorella* for Metabolic Syndrome.” On Friday, Dec. 11 at 2:30 p.m., Dr. Merchant will conduct a 45-minute educational session on several recent, published clinical trials concerning chlorella as part of the 17th Annual World Congress on Anti-Aging Medicine, Dec. 9-12 in Las Vegas.

Chlorella are fresh-water green algae that contain the highest chlorophyll content of any known plant, as well as exceptionally high concentrations of certain vitamins, minerals, dietary fiber, nucleic acids, amino acids and enzymes. Its positive effect on various health conditions has been previously suggested in several human clinical trials. Recently, direct evidence of how chlorella consumption helps maintain blood sugar levels has come to light.

“With a growing public interest in non-pharmacological interventions to control hyperglycemia and reduce the risk of cardiovascular disease, fiber- and antioxidant-rich whole foods such as *Chlorella pyrenoidosa* are increasingly being studied for their ability to support healthy blood glucose levels,” commented Dr. Merchant. “This presentation will explore both laboratory research data and human clinical trials showing that daily ingestion of chlorella helps to maintain healthy levels of body fat percentage, blood pressure, total serum cholesterol and fasting glucose.”

For more information about Dr. Merchant's presentation or to schedule an interview, please contact Miranda Barnard at [mirandab@imgbranding.com](mailto:mirandab@imgbranding.com).

### **About Dr. Randall Merchant:**

As a Professor of Anatomy and Neurosurgery at Virginia Commonwealth University in Richmond, Dr. Merchant has been active in both laboratory and clinical research for more than three decades. He has published nearly 100 articles and chapters, and conducted several clinical investigations of chlorella in patients with chronic illnesses and cancer. He holds Doctoral and Master of Science degrees from the University of North Dakota.

**About the 17<sup>th</sup> Annual World Congress on Anti-Aging Medicine:**

Each year, the world's leading anti-aging experts gather in Las Vegas for the largest and most influential conference and expo worldwide on preventative medicine and bio-medical technologies. The A4M Conference provides attendees the opportunity to connect with 6,000+ peers on the latest hot-button anti-aging issues, learn about the most recent advancements and technologies from leading experts, and discover cutting-edge products from more than 500 exhibitors. For more information and event registration details, visit <http://www.anti-agingevents.com/lasvegas/>.

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