

The Dynamic Duo for Your Optimal Health
SUN CHLORELLA & SUN ELEUTHERO

Michael E. Rosenbaum, M.D.

Imagine that your body is much like a car. The more balanced and efficient your body is, tuned up through strength and endurance, body and mind, the better you will run and the longer you will last. Supplying your body (*car*) with proper nutrition (*fuel*), plus Sun Chlorella and Sun Eleuthero, will complement your exercise (*tune up*), and allow your entire system (*engine*) to run more efficiently. All of these imperative necessities, along with plenty of proper sleep may result in making your body more productive, helping you to achieve *your* short and long term goals, whatever they may be.

Sun Chlorella: A Perfect Whole Food

Sun Chlorella has been considered for many years to be a *perfect* whole food. **Perfect**. In the Merriam-Webster Dictionary, perfect is defined as “lacking nothing essential to the whole or faulty in any particular”. **Whole** suggests a completeness or perfection that can be sought, gained, or regained.

Sun Chlorella is a natural whole-food supplement derived from a single-celled green algae strain, called *Chlorella pyrenoidosa*. The protein of this particular species’ contains all the amino acids known to be essential for good nutrition. Sun Chlorella has a wide range of potent antioxidants, including chlorophyll, beta-carotene, lutein, Chlorella Growth Factor, and polyphenolic compounds. Chlorella is also super-concentrated with other vitamins such as Vitamin C, thiamine (B₁), riboflavin (B₂), pyridoxine (B₆), niacin, pantothenic acid, folic acid, Vitamin B₁₂, biotin, choline, Vitamin K, lipoic acid, and inositol; certain minerals including: phosphorus, calcium, zinc, iodine, magnesium, iron, and copper; protein, dietary fiber, omega fatty acids, and an abundant supply of nucleic acids (the building blocks of life), needed by the body for strengthening of the cells and overall wellness. A chlorella cell never dies, but instead divides into four new cells; therefore the same plant has been in existence for all of this time.

Chlorella is available in tablet, granule or liquid form. The recommended daily serving of 3 grams is equivalent to one serving of fresh green vegetables. Sun Chlorella may be taken all at once, or in smaller amounts as desired with meals.

The Superior Method

What makes Sun Chlorella so *superior* is the unique patented process utilizing the DYNO[®]-Mill machine. Chlorella has a tough outer cell wall that has protected its survival for millions of years. This tough outer cell wall of the chlorella plant must be broken down in order for the body to absorb the essential nutrients. With its unique patented process utilizing the DYNO[®]-Mill, Sun Chlorella pulverizes the cell wall naturally; there are absolutely no chemicals used that can potentially damage its naturally nutritious structure. Through the exclusive DYNO[®]-Mill pulverization process the complete nutritional values of the chlorella organism can be fully digested, allowing for optimum assimilation of all its vital health boosting nutrients.

Recent analysis proves that Sun Chlorella is virtually 100% absorbable, which means that your body has access to nearly all of its natural nutrients. The multitude of available vitamins, minerals, and powerful antioxidants are a complete complement to Sun Eleuthero to help keep your body stress-free and balanced!

Sun Eleuthero: Adapts With Your Body

Adapt. In the Merriam-Webster Dictionary, adapt is defined as “modification according to changing circumstances; harmony.” Sun Eleuthero is classified as an adaptogen. An adaptogen is a non-toxic substance that enables the body to adapt to a myriad of stresses, and recover from stress at a faster rate. The adaptogen is unique in that it works to support the body’s own internal systems, naturally! A stimulant provides your body/mind with artificial excitement, often generating negative side effects such as irritability, moodiness, anxiety, and insomnia. But, adaptogens work *with* your body to dispense natural energy and vigor throughout the many hours of the day!

When your body becomes weighed down with excess stress, your health is put in jeopardy. Your body’s natural defense system can especially be compromised. Numerous studies have linked stress with a decreased immune response, which makes you vulnerable to unhealthy disturbances. For instance, a study by Canadian scientist, Hans Selye found that subjects in a “stress state” produce characteristic changes in the glands and organs that defend the body. Some of these changes can even disrupt the regulation of energy in your body causing fatigue and illness. He also found that giving eleuthero to the subjects reduced many changes and returned energy levels to normal.¹

The active components in Sun Eleuthero (eleutherosides) contain polysaccharides, which can help give eleuthero its ability to support natural defense functions. So, together Sun Eleuthero and Sun Chlorella can replenish your body at the cellular level, giving you an extra layer of protection.

Sun Eleuthero contains an abundance of natural fiber to free your body of toxic build-up. When your body is not weighed down with toxins, you are able to deal with stress more efficiently. Sun Chlorella also has the unique ability to help purify your body, and aid in your elimination process.

Sun Chlorella and Sun Eleuthero can synergistically simplify your life by complementing one another. Combine the stress-busting Sun Eleuthero with the nutritionally-charged Sun Chlorella, and you have the perfect combination to build a better you for the long term!

For more product information and a **FREE** sample of Sun Chlorella or Sun Eleuthero, please call **1-800-829-2828, extension 2604**.

¹ Selye, H., 1976 b. The stress of life. McGraw-Hill, New York.